

# CREATIVE SOCIALS

High-quality arts workshops for people aged 50+ in Breckland and West Norfolk! Sessions offer an opportunity to improve wellbeing, try something new and meet others in a safe environment.



Want to come along?

**Tickets are 'Pay What You Can'**

Booking is essential and spaces are allocated on a first come first served basis, so please book online or contact us in advance to book a place and let us know your access requirements.



**Book a place now or find out more...**

Visit [ticketsource.co.uk/creative-arts-east](https://ticketsource.co.uk/creative-arts-east)

Call us on **01953 713390** or email  
[info@creativeartseast.co.uk](mailto:info@creativeartseast.co.uk) or visit  
[creativeartseast.co.uk](https://creativeartseast.co.uk)

**See what's  
coming up  
overleaf!**



# Coming up in Nov & Dec 2025...



## Stitching Workshops with Cloth of Kindness

Explore the theme of belonging through mindful sewing as we create a piece for a beautiful community quilt. No experience needed - everything will be taught on the day.

| Location  | November                    | December                    |
|---|-----------------------------|-----------------------------|
| Hunstanton Community Centre, 1-3pm              | Mon 10 <sup>th</sup><br>Nov | Mon 8 <sup>th</sup><br>Dec  |
| Attleborough St Mary's Church, 1-3pm            | Thu 13 <sup>th</sup><br>Nov | Thu 11 <sup>th</sup><br>Dec |
| Thetford Methodist Church, 1-3pm                | Fri 14 <sup>th</sup><br>Nov | Fri 12 <sup>th</sup><br>Dec |
| King's Lynn London Road Methodist Church, 1-3pm | Tue 18 <sup>th</sup><br>Nov | Tue 16 <sup>th</sup><br>Dec |
| Great Massingham Village Hall, 1-3pm            | Wed 19 <sup>th</sup><br>Nov | Wed 17 <sup>th</sup><br>Dec |
| Dereham Trinity Methodist Church, 1-3pm         | Fri 21 <sup>st</sup><br>Nov | Fri 19 <sup>th</sup><br>Dec |

Suitable for people aged 50+, including those with long-term health conditions, carers and people looking to create new connections!